

ERASMUSRUGBY



UNIT 8: INTEGRITY

Aim

Integrity is a fundamental value that refers to the consistency between what a person thinks, says, and does, always acting with honesty, responsibility, and respect for ethical principles, even when no one is watching.



- People of integrity inspire trust in others because they act with honesty and consistency. This is key in personal, professional, and social relationships.



- It involves telling the truth, not deceiving, and acting transparently, even when no one is watching.
- Act in accordance with your values and principles, without contradictions between your words and your actions.
- Take responsibility for your actions and treat others with fairness, equity, and dignity.



- LITERACY: area-specific vocabulary and expressing oneself appropriately.
- PHYSICAL LITERACY: knowledge of the body and its motor skills, acquiring the habit of practicing physical activity, hygiene and body care.
- ACTIVE CITIZENSHIP: Using physical activity to facilitate relationships, integration, and respect for agreed-upon rules. Teamwork, cooperation, and responsibility.



- Duration of this learning unit: 3h 20'

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UNIT 8: INTEGRITY

Assessment

Rate the following indicators about the group before (A) and after (D) the session from 1 to 4 points*, and compare them. If the group is new to you, only complete D.

Children pay attention to new things and concepts

The children listen to the coach's instructions.

The children follow the coach's instructions.

The children maintain the positions and alignments established by the coach.

The children complete the tasks indicated for accident prevention

TO	D

* Rating defined: 5 to 7 Points - Unsatisfactory | 8 to 14 Points - Needs improvement | 15 to 19 Points - Meets expectations | 20 Points - Exceeds expectations.

GRADES:

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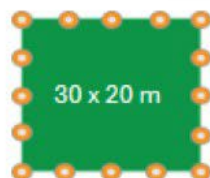
UNIDAD 8: INTEGRIDAD

Actividad 8.0 | El juego del arbitro ciego

15 min

Recursos y planificación

20 niños 1 entrenador 5 balones 16 conos



KP

- Honestidad con las acciones
- Respeto a los rivales y compañeros
- Responsabilidad en el juego
- Juego limpio

Tips

- Escuchar a tus compañeros y rivales y confiar en ellos sobre las infracciones que has cometido

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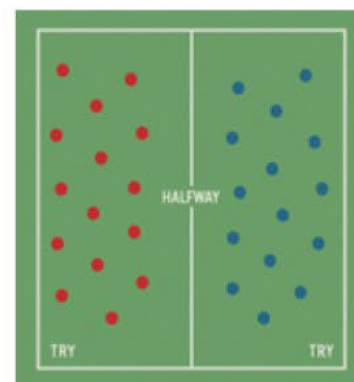


UNIDAD 8: INTEGRIDAD

Actividad 8.0 | El juego del arbitro ciego

Procedimiento | Ten presentes los KM de la unidad

- 1) Definimos un área de juego de 30x20 metros.
- 2) Se jugara un partido de rugby en el area de juego pero sin arbitro, son los propios jugadores dentro del area los que avisan y sancionan de las infracciones.
- 3) Realizaremos partidos de poca duración en las que el entrenador/a estara visualizándolo desde fuera y después al acabar cada partido el entrenador/a debatirá y preguntara el como y porque se han solucionado las infracciones que ha habido y también preguntara por la infacciones que no han sido detectadas.

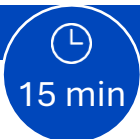


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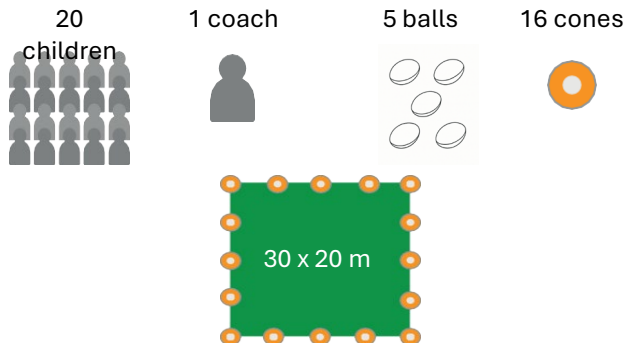


UNIT 8: INTEGRITY

Activity 8.0 | The Blind Referee Game



Resources and planning



KP

- Honesty in actions
- Respect for rivals and teammates
- Responsibility in gambling
- Fair

Tips

- Listen to your teammates and rivals and trust them about the infractions you have committed.

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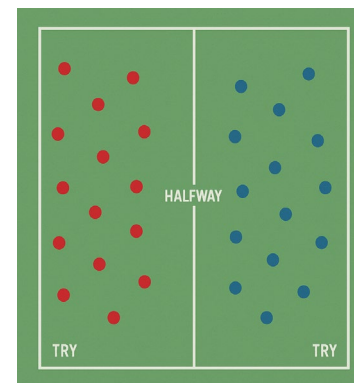


UNIT 8: INTEGRITY

Activity 8.0 | The Blind Referee Game

Procedure | Keep in mind the mileage of the unit

- 1) We defined a playing area of 30x20 meters.
- 2) A rugby match will be played in the playing area but without a referee; the players themselves, within the area, will report and penalize infractions.
- 3) We will conduct short matches in which the coach will be watching from the sidelines, and afterwards, at the end of each match, the coach will discuss and ask how and why the infractions that occurred were resolved, and will also ask about the infractions that were not detected.



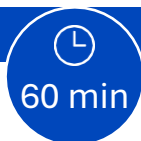


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UNIT 8: INTEGRITY

Activity 8.1 | Captain of Values

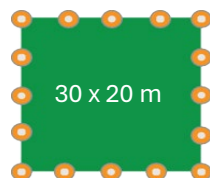


Resources and planning

20 children



1 coach



KP

- Honesty
- I respect the captain of that training session
- Responsibility

Tips

- The captain of that training session didn't observe the actions only from the player's point of view; he looked a little further.



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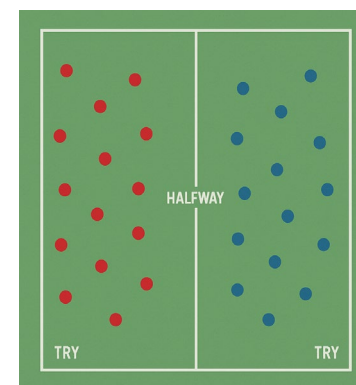


UNIT 8: INTEGRITY

Activity 8.1 | Captain of Values

Procedure | Keep in mind the mileage of the unit

- 1) We define a different captain in each training session.
- 2) The training session proceeds normally, and the captain observes and notes the participants' behavior, whether or not it is considered ethical.
- 3) At the end of the training session, the captain will discuss the behaviors observed within the group, how they benefit or harm the team, and how to improve them.



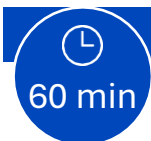


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UNIT 8: INTEGRITY

Activity 8.2 | Rugby Court



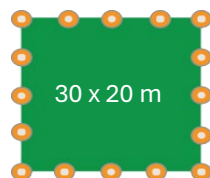
60 min

Resources and planning

20 children



1 coach



KP

- Honesty
- I respect the decisions of others .

Tips

- Answer honestly, not with the most ethical answer for the sake of being ethical.
- Moderate without judging the responses



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UNIT 8: INTEGRITY

Activity 8.2 | Rugby Court

Procedure | Keep in mind the mileage of the unit

- 1) We divided the team into different groups or pairs.
- 2) We present real or fictional game situations (e.g., the ball falls forward and nobody sees it). In groups, they must discuss what they would do in each situation and explain their actions and reasons to the others.
- 3) At the end we discussed the actions each of us would take, why, and what would be best.

